

RAMIL SUAREZ CUETO

HEART OF A DREAMER

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A JOURNEY WITHIN

HEART OF A DREAMER A Journey Within...



HEART of a DREAMER

by Ramil S. Cueto



A Dreamer's Prayer

Jehovah God, May you heal our world.
Please make love reign and take away all hatred, selfishness
and divisiveness from all peoples, from all countries, from all
groups from everyone.

Please make all the global leaders wise and humble to coop-
erate and work together for the good of all.

Jehovah God, help us start anew. Make our dream come true.
Please guide us in each and every step we will take and all
decisions we will make.

Thank you Jehovah God. Use me to help our world become a
better place for everyone.

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10% of sales proceed will be donated to helping those who like make their dreams come true and those worthy causes.

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My gratitude to Julia and Kuya Robin for writing a Foreword and Introduction, respectively.

Also, I want to thank those who bought my first book – Insights of a Dreamer. I believe you would like this sequel as well.

To Julia, my wife and Juliana, my daughter – thanks for keeping me inspired.

To my One Family Farm Development Team Eloy, Moises, Marlon and Dan led by Jiro – thanks. You all work so hard to create something beautiful. Keep going.

To Jehovah God – thank you for your love. I truly want to dedicate my life to serving you thru my actions. May I be of service to your people.

And to you my readers – thank you. Keep dreaming.

Author's Introduction

Everyday is a day to celebrate. I embrace the blessings of God wholeheartedly. He is a benevolent God and Father. He loves us always and in all ways.

Everyday I continue to receive thoughts and insights that encourage me to write. My goal is to inspire you and to invite you to see and experience the beauty of life in the simplest ways. Life is about experiencing what and how it is to be human.

Our humanity is guided by the universal goodness, compassion and togetherness. We do not exist for ourselves alone. We are here to connect and to grow with others. However, we need to look after ourselves first. We need to be kind to appreciate ourselves. We can dream, we can strive to have a good life - a life that is energizing, encouraging and uplifting to ourselves and to others.

Heart of a Dreamer captures my personal journey, along with my family, my siblings, my relatives, my friends and all the people I get to know along the way. I find joy and meaning by reaching within me and reaching out with others and with God.

Be a dreamer. Live a blessed life. Be grateful and be a blessings to others.

Ramil Cueto

UDY



FOREWARD

By Julia Feng

RAMIL has a heart of a dreamer. Such a fitting title of his new poetry book. He lives an inspired life and he strives to be the best always. Full of laughter and humor, his vibrant being exudes authenticity and positivity.

I am truly blessed to be Ramil's wife. Together, we forge a balanced way of life. Learning is always a part of our daily activities. Exploring and dreaming our companions.

May you find Ramil's poetry yours too for they echoes the hearts of all Dreamers.

Keep dreaming. Find your one true purpose and discover the meaning of life.



Julia Feng



FOREWARD

By Robin Willison

Insights are identifying reality in ways others can agree with but were previously unable to articulate. It is seeing our world from perspectives that we can agree with and yet they are new and penetrating. Ramil is able to do this, and through his writings he can help us to have a fresh appreciation of God, of His creation, and of our part in this world that He made to be a place where we could be happy and rejoice at all the wonders He has made for us.

From a sunset to a father-child relationship, our world is full of wonders for us to explore and rejoice in. Words can paint pictures as clear as tones and colours. They can arouse our emotions and help us to see reality more clearly and to respond to it more thoughtfully.

May this book prove to be a treasure to you and your perceptions of the world around you. May you see it with more clarity and more appreciation, with more responsibility to contribute good things in your part of creation and to the lives of those around you.



Kuya Robin and Ramil





Dedicated to

Abby

my Niece.

2005 - 2022

To the One you went home
To Eternity you bloom
To Life you strived
To Us you are an Angel

SOAR HIGH. Let's DREAM.







Better Day, Better Life

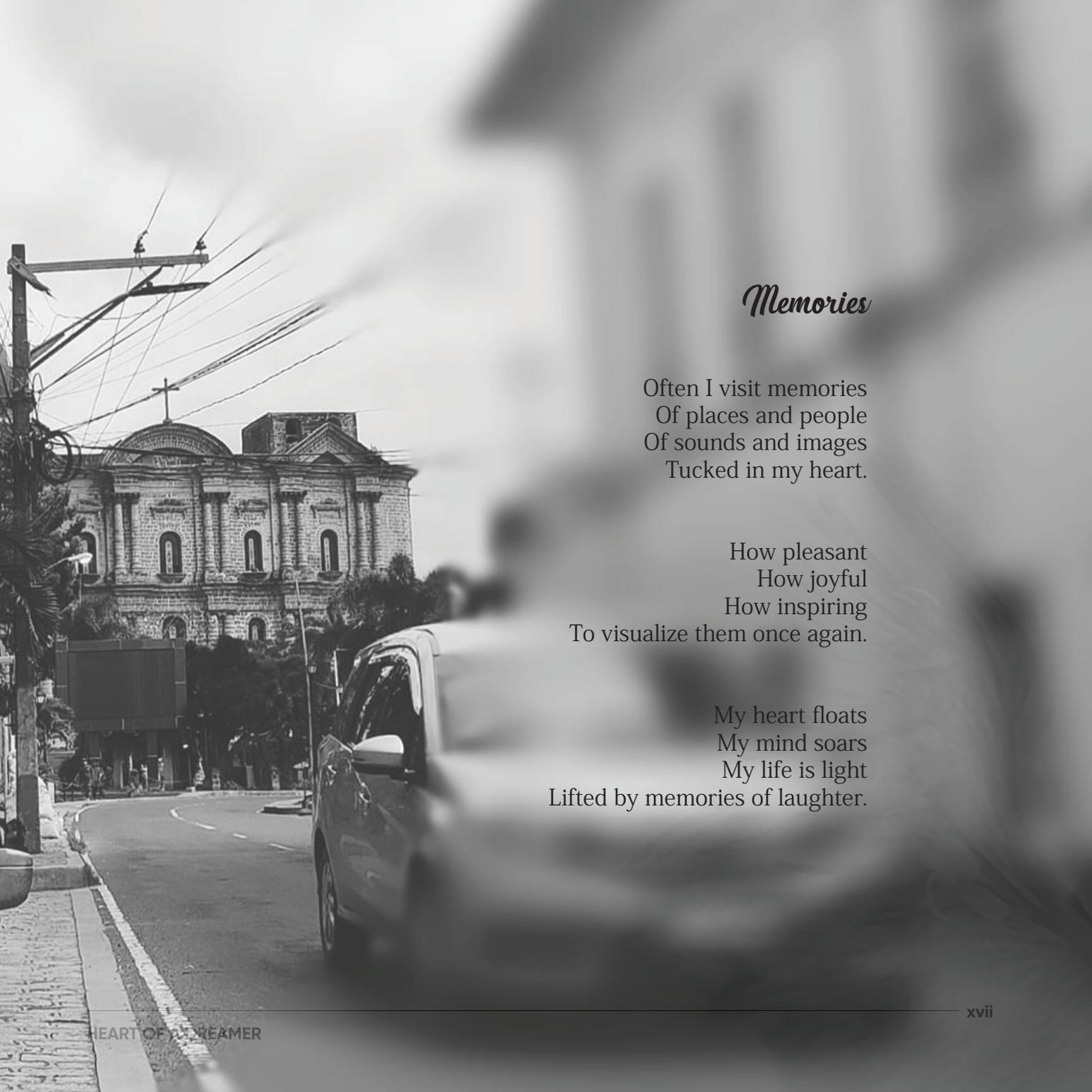
Often I go through
Difficult times, difficult situations
Uncertainties and struggles
Yet I remain hopeful.

Sometimes the path ahead is dark
The roads uneven
Turns wild and dangerous
Yet I remain positive.

Life is always like this
Up and down, good and bad
However one can always anticipate
A better day, a better life.

HEART OF A DREAMER





Memories

Often I visit memories
Of places and people
Of sounds and images
Tucked in my heart.

How pleasant
How joyful
How inspiring
To visualize them once again.

My heart floats
My mind soars
My life is light
Lifted by memories of laughter.



The Story of Philos...

REACHING OUT ■ HENRI J. M. NOUWEN

THE TAO OF DETOX DANIEL REID

BE THE
REASON
SOMEONE
SMILES
TODAY
☺

Be The Reason Someone Smiles Today

There is no better day than
Being the reason someone smiles today
There is no other way than
Being a blessing to someone else.

In a confused world where we are today
There is no better place than
Being a light to someone's way
We may hesitate yet it won't hurt anyway.

Have time to sit down
To pray and reflect about God 's loving kindness
For He is the real reason you and I
Can smile each and every day.



Joyful, Thankful, Hopeful

Joyful I am
To see the people I love
To do the things I am very passionate about
To write the words I believe in.

Thankful I am
To receive so much love
To give so much compassion
To live a simple life.

Hopeful I am
To see a peaceful world
To know more enlightened individuals
To be the best of me always.

Alone

Not a soul in sight
Not a thought alive
Not a word uttered
Deep silence, open sky.

When a man looks inward
A treasure within rises
A mere idea becomes a great beginning
Of a travel to a distant land.





When a man seeks external comfort
A heavy burden builds up
Suddenly everything is about wanting
Alone, insecure and doubtful - he becomes.

Arise!
Aloneness, insecurity, doubts - be gone
For a new day is dawning
Peace is here, Love reigns Supreme.





Live Your Dream

Spread your wings like a majestic eagle.

Aim for noble and lofty dreams.

Connect to your soul and search for the purpose God has prepared for
you.

Inspire others.

Give generously - time, money, love and compassion.

Dare to change.

Live your dream.

Protect our environment.

Nurture our soil.

Celebrate life and its beauty.

Always be grateful to God and to others.

Soar like a mighty eagle.

Other Works of **Ramil Suarez Cueto**

Living Light (2011)

Insights of a Dreamer (2021)

Four Pillars of Enduring and Loving Relationships
(2023)

Actions of a Dreamer (2024)

Me at My Best: The Inspiring Story of Julia Feng
(2024)

The Teacher (2026)



HEART OF A DREAMER



Author's Bio

RAMIL CUETO is the author of *Insights of a Dreamer* – a collection of poems he wrote from 2018 to 2021. Inspired by village living and lemongrass farming, Ramil acquired in insights from day-to-day communion with nature and with his co-workers.

Ramil also imparts wisdom through his inspirational and motivational speeches. He believes and practices positive and principles-based living.

He lives in *Batangas City*, Philippines.



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